

MOTIVATE TO SKATE

LEARN TO SKATE WITH YNCU

What is Motivate to Skate?

FREE skating lessons for a six week session for new Canadian post-secondary students.

What do students need to bring?

Students will need to provide their own equipment to take part in the lessons.

Equipment can include:

- Skates (Figure or Hockey)
- Helmets
- Elbow and Knee Pads
- Gloves
- Skate Guards

You can purchase equipment, new or second hand, at: Soo Source for Sports, Savings World, Value Village, Sport Chek, Canadian Tire, Soo Hockey Exchange.

What does YNCU Provide?

- Ice Time at the YNCU Peewee Arena
- Free skating lessons from an experienced instructor
- Pizza lunch on the last week of instructions
- YNCU toque to all participants

What is the purpose of Motivate to Skate?

This program will allow new Canadians who cannot skate, the opportunity to be able to participate with their friends when they go skating and be able to skate on to the ice with confidence. This program will also help those new to our area get out and enjoy the skating trails and outdoor rinks. Motivate to Skate can accommodate 10-15 people per session.

When is Motivate to Skate?

Sessions are every Friday beginning from October 28th until December 2nd, running from 11am-12pm.

How do I Sign Up?

Visit [YNCU.com/Motivate2Skate](https://www.yncu.com/Motivate2Skate) to register for the six week program today, or contact Jonathon Fuselli at jfuselli@yncu.com for any questions or inquiries.

